



# *A Typical Day for General Counselors*

- 7:30 AM Reveille  
*Counselors wake campers and help prepare them for the morning*
- 8:00 AM First Call for Morning Line Up  
*Groups (GLs, staff and campers) are ready and out on their porches*
- 8:05 AM Line Up  
*All groups line up at respective flagpoles*
- 8:20 AM Breakfast - Buddies, Rangers, Middies, Pioneers, Debs and Kadets  
*From line up, groups go to dining hall for breakfast*  
Bunk Cleanup - Lower (Cavaliers and Collegiates),  
Upper Cavaliers and Trinities  
*From line up, groups go back to bunk for cleanup*
- 9:00 AM Breakfast - Lower, Upper Cavaliers and Trinities  
*From bunks, groups go to dining hall for breakfast*  
Bunk Cleanup - Buddies, Rangers, Middies, Pioneers, Debs and Kadets  
*From dining hall, groups go back to bunks for cleanup.*  
*During cleanup, counselors are actively supervising and helping the kids clean the bunk*
- 9:40 AM Inspection of Bunks  
*GLs inspect their bunks. Once inspection is done, groups prepare for morning activities*
- 9:55 AM 1st Morning Activity  
*All groups go from bunks to 1st morning activity*  
*At bugle call, specialists go to specialty areas*
- 10:50 AM 2nd Morning Activity (bugle call signifies end of 1st activity)  
*From 1st activity, all groups go to 2nd morning activity*  
*(5 minutes between activities)*
- 11:40 AM 3rd Morning Activity (bugle call signifies end of 2nd activity)  
*From 2nd activity, all groups go to 3rd morning activity*  
*(5 minutes between activities)*  
*At activity, counselors are actively participating with the campers. Counselors will coach, play or referee. It's important that counselors set the tone and help get the children excited to participate in the activity.*
- 12:25 PM Recall from Morning Activities  
*All groups return to their respective bunks*  
*Buddies, Rangers, Middies, Pioneers Debs and Kadets prepare for lunch*  
*Lower, Upper Cavaliers and Trinities prepare for rest hour*
- 12:35 PM Lunch - Buddies, Rangers, Middies, Pioneers, Debs and Kadets  
*Mess call from the bunks to the dining hall*  
Rest Hour - Lower and Upper Cavaliers/Trinities  
*Groups remain in bunks until 2nd lunch*
- 1:25 PM Lunch - Lower and Upper Cavaliers/Trinities  
*Mess call from the bunks to the dining hall. Canteen is brought into the dining hall for these groups*  
Rest Hour - Buddies, Rangers, Middies, Pioneers, Debs and Kadets  
*Groups go from dining hall to bunks for rest hour. One counselor and camper from each bunk go get canteen*



- 2:05 PM 5 Minutes to the End of Rest Hour  
*A warning to those not on "OD" (on duty) to return to the bunks*
- 2:10 PM End of Rest Hour  
*All campers/staff should be back at bunks preparing for afternoon activities*
- 2:20 PM 1st Afternoon Activity  
*All groups for from bunks to the 1st afternoon activity*
- 3:15 PM Recall from Elective  
*All return to bunks from elective and prepare for other afternoon activities*
- 3:25 PM 2nd Afternoon Activity  
*From the 1st afternoon activity all groups go to 2nd afternoon activity (5 minutes between activities)*
- 4:15 PM 3rd Afternoon Activity  
*From 2nd afternoon activity, all groups go to 3rd afternoon activity (5 minutes between activities)*
- 5:00 PM Recall from Afternoon Activities  
*All groups return to their respective bunks. Shower time for campers and counselors*
- 5:45 PM First Call for Evening Line Up  
*Groups (GLs, staff and campers) are ready and out on their porches*
- 5:50 PM Line Up  
*All groups line up at respective flagpoles*
- 6:00 PM Dinner - Buddies, Rangers, Middies, Pioneers, Debs and Kadets  
*From line up, groups go to dining hall for dinner*  
Free Play - Lower, Upper Cavaliers and Trinities  
*From line up, groups go to free play in designated areas*
- 6:55 PM First Call for 2nd Dinner  
*Lower, Upper Cavaliers and Trinities line up by social hall for dinner*
- 7:00 PM Dinner - Lower, Upper Cavaliers and Trinities  
*From line up, groups go to dining hall for dinner*  
Free Play - Buddies, Rangers, Middies, Pioneers, Debs and Kadets  
*From dining hall, when dismissed, groups go to free play*
- 7:45 PM Recall from Free Play  
*All groups return to their respective bunks*  
*Prepare for evening activity*
- 7:55 PM First Call for Evening Activity  
*All campers and counselors are ready and out on their porches*
- 8:00 PM Evening Activity  
*All groups go to their evening activity*  
*May be all camp activity, individual group activity, or co-ed activity*
- 9:30 PM Taps (Depending on Evening Activity)  
*End of the camp day*  
*Staff filling out welfare cards (cards that help monitor each camper)*
- 9:45 PM Sign-in and out  
*Evening ODs sign in at Head Counselor's Offices*  
*Bunk staff not on OD may sign out at Head Counselor's Offices when OD is in bunk*
- 12:45 AM Curfew  
*All staff must be signed back in at the Head Counselor's Offices and return to bunks*